

Intambwe zambere zijana n'uburimyi burama ku barimyi bato b'lcayi



Uburyo buhinyanyuye bwo kurwanya ivyonyi (Kurwanya Arumilariya)



Igiti casadutse gifise uruhu
rwuzuyeko amafu



Kurandurana n'imizi igiti cafashwe
ugaca ugiturira

Imicungire y'imyanda ibora



Guturira imyanda ntivyemewe



Gutunganya ifumbire muri nyabarega
ukoreshje imyanda ibora n'amase y'ibitungwa

Uburyo buhinyanyuye bwo kurwanya ivyonyi (Gukata icayi)



Guteba kuvana mu murima icayi
carwaye ni bibi



Gukata icayi buri igihe bihagarika
kurondoka kw'ivonyi. Amashami yakaswe
aguma mu murima akaba isasizo

Gutunganya amazi ya koreshje mu rugo



Kumena amazi yakoreshejwe imbere
y'inzu ntivyemewe



Kumena amazi yakoreshejwe mu mugende
iruhande hatewe ko amateke cyangwa ibitoke
(icitonderwa: iyo ayo mazi adatembwa, hagomba
kwimbwa ikinogo , ukacuzuzamwo umusenyi canke
amabuye matomato akaba ayo mazi arico atemberamwo)

Imyambaro ikingira umuntu akoresha imiti



Gutera imiti utikingye



Gutera imiti wikingiye n'umwambaro
wabigenewe

Kwoza ibikoresho vyakoreshejwe



Kwogereza ibikoresho mu migezi no
mu nzusi ntivyemewe



Kumena amazi
wogesheje mu murima
watewemwo imiti



Canke kuyamena mu
kinogo wabanje
kwuzuzamwo amakara

Kubika imiti yakorewe mu mahinguriro



Kirazira kubika imiti mu nzu



Akarorero: Amadundu
y'inkoko ashaje
asakaje n'utumwanyi

Akarorero: Ububiko
bukozwe mu ngunguru
y'icumva hasi no hejuru

Kubungabunga ibinyabuzima



Imikaratusi
Umugtezi wakameye
Ibiti vy'imikaratusi vyumisha imigezi
n'amasoko



Kurandura imikaratusi
yegereje imigezi n'inzu



Umugezi wagarutse

Gutunganya ubumwanya n-ibindi bikorescho vyavuyemwo imiti yo mu mahinguriro



Kirazira kunyanyagiza hasi
ivyavuyemwo imiti n'ubumwanya
bwakoreshewe



Umfuko ujamwo
utumwanya twakoreshewe
Umfuko ujamwo
ibikorescho vyavuyemwo
imiti yo mu mahinguriro

Kuvangura
ivyavuyemwo imiti
n'utumwanya
twakoreshewe
(hanyuma
bigashikirizwa inzego
zishinzwe kubitunganya)

Kurwanya inkukura



Ikibazo c'inkukura



Gutera ibiti cimeza n'urubingo mu gufata neza
amazi n'isi

